



Upcoming Events:

December

December 3 – Reports sent home

December 4 Professional Learning am (no classes) & Progress Conferences (1-4, 5-7)

December 15 – 19 Spirit Week at Inglis Street

December 19 – Last day for students before holiday break

December 22 – Teacher professional practice day (no classes)

Other Notable Dates:

- **December 3** – International Day of Persons with Disabilities
- **December 10** - International Human Rights Day
- **December 14** - First Day of Hanukkah
- **December 25** – Christmas Day
- **December 26** - Kwanzaa
- **January 5** – First Day of Classes
- **January 21** – SAC (5pm) and PTO (6pm)
- **February 5** – PTO Community Potluck (6-7pm)
- **February 16** – Heritage Day (no classes)
- **February 18** – SAC (5pm) & SAC (6pm)

INGLIS STREET ELEMENTARY SCHOOL

Principal: Gabe Rose

Vice Principal: Ian MacRae

Admin. Assistant: Wendy Jegede

Phone: (902) 421-6767

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Email: ises@hrce.ca

Safe Arrival: 1-833-582-6940

Reach the Inglis SAC at hrce-sac-ise@gnsps.ca

A Message from the Principal

November was an exciting month at Inglis Street. Our first term has wrapped up, and report cards will be released in the coming week to share student progress with families.

Teachers continue to build strong learning habits with students. You can help by keeping an eye out for your child's homeroom newsletter, reading together each night, and asking them about what they're learning in math these days. Questions? Reach out to your child's teacher anytime.

Our school-wide behaviour focus this month continues to be safe and respectful behaviour in the lunchroom. We will be celebrating students who modeled these expectations at our November Assembly on Friday.

Our Bingo Night was a huge success! Thank you to our PTO for all the work that went into making this event happen for our community. If you're able, consider getting involved with the Inglis Parent Teacher Organization. It's an important way to support projects, initiatives, and materials for our staff and students.

We'll see you next week for Progress Conferences, and we're looking forward to a strong finish as we head into the holiday break.

Gabe Rose
Principal

School Arrival Time

A reminder that students can begin entering the building at **8:30**, and instruction starts at **8:50**. Many classes begin their day with important morning meetings and mini-lessons right at 8:50, which set students up for a successful day of learning. Please help your child start smoothly by ensuring they arrive on time and are ready to begin their class. Thank you for help with this.



Inglis Street School Fundraiser: Illustration by Jill Jackson

You may notice something new and special in the main office this month!

We're excited to share a brand-new way to celebrate your child's time at Inglis Street School. Local Halifax artist Jill Jackson has created a custom illustration of our school, and it will be available for purchase for the first time on December 4 during Progress Conferences. Prints can be purchased through the main office after that date.

Each print is \$15, with all proceeds supporting school initiatives and events.

You can also enter a draw to win a free print on Thursday, December 4 when you visit Inglis.



Spirit Week is coming!

We're wrapping up the first part of the school year with a full week of fun. Students are invited to join in and show their school pride each day leading up to the Holiday Break. Every day has its own theme, and everyone is welcome to take part.

Monday, December 15 – Funky Socks Day
Pull out your brightest, boldest, wildest socks.

Tuesday, December 16 – Dress Like Your Favorite Teacher Day
A fun chance to recreate a signature look.

Wednesday, December 17 – School Colours Day
Show your Inglis spirit by wearing **green and gold**.

Thursday, December 18 – Silly Hat/Hair Day
The sillier, the better.

Friday, December 19 – Pajama/Cozy Day
Comfy clothes to finish off the week.



Let's bring the energy and celebrate our school community together!

Note from Schoolsplus

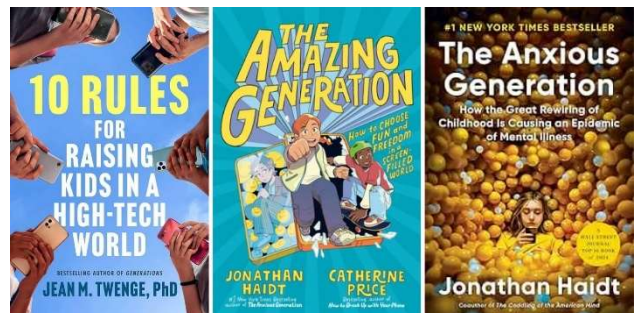
As the colder months approach, we understand that some families may face challenges accessing warm clothing and winter gear for their children. If this is a concern for your household, please reach out to our SchoolsPlus Community Outreach Worker, **Rachel Field**, at rachel.field@hrce.ca or (902) 266-9845. All inquiries are confidential.

SchoolsPlus can also assist with a variety of other supports, including access to recreation programs for children and teens, holiday supports, and resources for food insecurity.

Resources for Parents from Unplugged Canada

If you're concerned about your kids' screen time, smartphone use, or social media pressure, there are some wonderful resources below to help parents and caregivers navigate the challenges of raising kids in a digital world.

For parents: The Anxious Generation by **Jonathan Haidt** highlights the research and evidence behind how early smartphone and social media exposure have shaped a generation over the last 10–15 years. **Ten Rules for Raising Kids in a High-Tech World** by **Jean Twenge** offers practical, actionable guidance to help parents set healthy boundaries and support their kids' digital wellbeing.



For kids: The Amazing Generation, written for pre-teens and teens and co-authored by Jonathan Haidt, will be released on December 30. It explains the impact of today's digital environment in an engaging, age-appropriate way.

All of these books are available at your local library or bookstore.

Unplugged Canada is a parent-led, national movement advocating for healthier childhoods by delaying smartphones and social media until kids are more developmentally ready. Join thousands of Canadian families choosing to delay by taking the Unplugged Canada Pledge at unpluggedcanada.com/sign-pledge.